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| **DAYS** | **BREAKFAST** | **LUNCH** | **DINNER** |
| **MONDAY** | Aloo pyaaz paratha,macroni, Boiled eggs and egg bhurji, curd, veg stuffing | Black Chana, Jeera Rice, Chutney, Chapatti, salad, Mix Veg Raita, Nimbu pani | Karela, Masoor Sabut, Jeera rice, chapatti, curd, salad, Strawberry icecream |
| **TUESDAY** | Paneer paratha, corn flakes, boiled eggs and omelette, curd | Rajma, Jeera rice,chapatti, green chutney,salad, Boondi raita, mango drink | Aalo baigan, Chana dal tadka, Jeera rice, missi roti, salad, Gulab Jamun, curd |
| **WEDNESDAY** | Plain pranth with aloo gravy, namkeen dalia, boiled egg and egg bhurji, curd | Sambhar, uttapam, Lemon rice, Salad, Coconut chutney(1st week)/Chinese noodles with Manchurian gravy(3rd week), Roohafza | Ghiya Kofte, Sabut Moong Dal, Jeera rice, chapatti, salad, Curd, Rice Kheer |
| **THURSDAY** | Mix paratha, Sweet Corn, boiled egg and omelette, curd | Kadi, jeera aloo, steam rice, chapatti, salad, Leechi drink | Matar mushroom, Mix Dal, Jeera rice, chapatti, salad,chutney, curd,besan burfi |
| **FRIDAY** | Aloo prantha, Poha, boiled egg and egg bhurji, curd, Stuffing | Cheese Chilly ,Mix veg , steamed rice, salad, chapatti, Mix raita, Jaljeera drink | Bhindi/Aarbi, Rongi, Jeera rice, chapatti, salad, Fruit cake |
| **SATURDAY** | Dal prantha, Chana chat ,boiled egg and bhurji, curd | Dry Aalo matar, Dal Makhni, Jeer a rice, chapatti, mixed jeera raita, salad, Orange drink | Toori,Moth dal, jeera rice, chapatti, salad,curd,coconut laddu |
| **SUNDAY** | Mix prantha, vermiceilli , boiled egg and omelette | Chole bhature, Steam rice, Boondi raita, Sirka onion, Green chutney,Lassi (plain) | Navratni dal, Cheema Nutri Matar , steam rice, chapatti, salad, Jalebi ,curd |

**Hostel-N MESS MENU (1st and3rd week)**

**NOTE:-**

1. Brown Bread, jam, butter, pickle, milk (hot and cold), tea and sauce will be served daily in the Breakfast.
2. Aloo mixture for bread toast, bournvita and coffee (powder) will be served daily in the Breakfast.
3. Salad, Butter and pickle will be served daily in lunch and dinner.
4. **Meal Timings:** (i) Breakfast:7:00 A.M. to 9:00 A.M.(ii)Lunch: 12:00 P.M. to 2:00 P.M.

(iii)Dinner: 7:00 P.M. to 9:00 P.M.

1. Breakfast Timing on **SATURDAY AND SUNDAY:** 7:30 A.M. to 9:30 A.M.
2. Lunch Timing on **SATURDAY AND SUNDAY:** 12:30 P.M. to 2:00 P.M.

***Approved and consulted by the following:***

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| **Dean of Student Affairs** | **Warden Proctor Mess Secretary Director (Sodexo)** |  |
| Dr. Maneek Kumar | Dr. Gagandeep Kaur Tanvi/ Ayushi Deepali/Bhavya Mr. Vikas Kumar |  |

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